

## Healthy Canberra Grants: Target Grant: Reconnection within Priority Populations - Summaries of approved applications

Organisation	Program Title + Brief Summary	Total Amount Recommended (\$ Ex GST)
Australia Nepal Friendship Society Incorporated	<p><b>ANFS Stay Fit and Healthy</b></p> <p>Encourages healthy lifestyles, teamwork and engagement in the community through workshops for the ACT Nepalese and other CALD communities.</p>	<b>\$40,000</b>
Communities@Work	<p><b>Growing Healthy Communities</b></p> <p>Improving community access to activities that have a primary focus on increasing wellbeing outcomes through raising awareness of the importance of healthy eating, being physically active, and living socially connected lives.</p>	<b>\$38,325</b>
Council on the Ageing ACT	<p><b>S.A.F.R.E. - (Senior Adult Falls Risk &amp; Exercise) Program</b></p> <p>Falls prevention program which aims to support older people to improve their health, strength, fitness, prevent injury and reduce social isolation in later life.</p>	<b>\$27,566</b>
Good Omen Goodeze Inc	<p><b>Variegated Threads</b></p> <p>Facilitated knitting and crocheting wellbeing workshops targeted at CALD communities and families of children with disabilities with aims to reduce social isolation, increase social connections, improve self-esteem, and rebuild a sense of community.</p>	<b>\$40,000</b>
Hepatitis ACT	<p><b>Hep B Free ACT</b></p> <p>A Hepatitis B awareness campaign and education program for CALD and Aboriginal and Torres Strait Islander communities in the ACT.</p>	<b>\$40,000</b>
SMART Recovery Australia	<p><b>SMART Recovery and Family and Friends Meetings for LGBTQIA+ people</b></p> <p>This program promotes self-management and mutual aid for reduced harm within the LGBTIQ+ community through facilitated SMART Recovery meetings based on mental health and substance addiction.</p>	<b>\$40,000</b>

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Toora Women Inc	<p><b>Toora Domestic Violence and Homelessness Service (TDVHS) Day Program</b></p> <p>This program supports women experiencing homelessness and aims to raise awareness of the relationships between Family Domestic Violence and homelessness to increase ongoing community support and cohesion.</p>	<b>\$40,000</b>
Trustees of the Roman Catholic Church for the Archdiocese of Canberra & Goulburn as Trustee for Marymead Child and Family Centre	<p><b>Drumming for Connection</b></p> <p>A hand drumming and cognitive behavioral therapy program aimed at improving emotional health and wellbeing for parents in the ACT.</p>	<b>\$40,000</b>
University of Canberra	<p><b>AllOffBall</b></p> <p>This program aims to provide safe places for ACT LGBTIQ+ people to participate in sport and promotes inclusion in sport by targeting LGBTIQ+ youth to participate in football.</p>	<b>\$40,000</b>
Warehouse Circus Inc	<p><b>Circus Start: Circus classes for babies and children born preterm.</b></p> <p>To reduce developmental delays in prematurely born ACT children through facilitated physical and social play whilst supporting parents with social and community connection.</p>	<b>\$38,970</b>
		<b>\$384,861</b>