

# Disability Health Strategy

2024 to 2033

ACT Health



**ACT**  
Government

**ACT Health**



**Easy English**

## Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
  
- we write what the hard word means.

## You can get help with this book



You can get someone to help you

- read this book
  
- know what this book is about
  
- find more information.



We will write contact information at the end of this book.



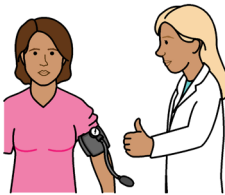
## About this book

This book is from ACT Health.



This book is about our Disability Health Strategy.

We call it **the strategy**.



The strategy says how we will support people with disability to

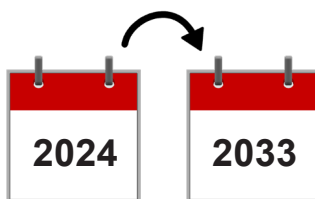
- have good health



- use health services



- get the same health care as everyone else.



The strategy says what we will do from 2024 to 2033.

## Who is the strategy for?



We want to support

- people with disability



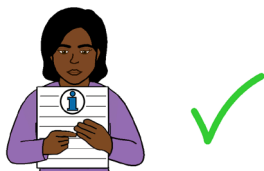
- family and carers of people with disability



- health care staff.



We also want to support **advocates** of people with disability.

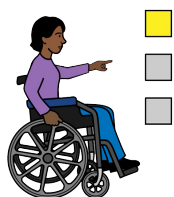


An advocate can help you

- understand information



- say what you want



- make decisions.

## Why do we need the strategy?



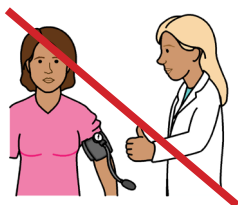
People with disability have the same right to good health care as everyone else.



Many people with disability have more health problems than other people.



People with disability are often left out of health services.



There are other reasons why people with disability miss out on good health care.



For example

- their age
- they might **not** have much money.



## How did we make the strategy?



To make the strategy we did a lot of **research**.



Research means we

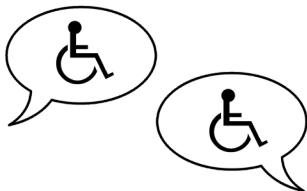
- look for information



- learn more about how to help people with disability.



Our **Disability Steering Committee** also helped us make the strategy.



The Disability Steering Committee is a group of people who

- meet to talk about disability



- tell us what they think.



The Disability Steering Committee includes

- people with disability



- carers of people with disability



- disability service providers.

# What are the goals in the strategy?

1	_____
2	_____
3	_____

Our strategy has 3 **goals**.

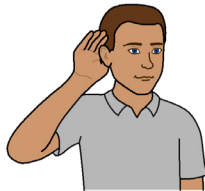
Goals are things we want to make happen.

## 1 We will respect the rights of people with disability

**Respect** means we understand that



- everyone is important

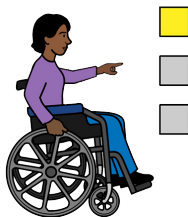


- we use good manners

- we listen to each other



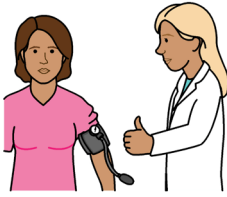
- we are fair to everyone.



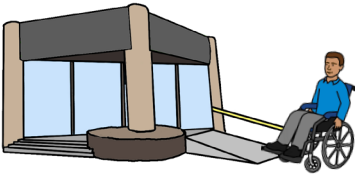
We want people with disability to make their own choices about the health care they get.



## 2 People with disability will get the health care they need



We want health care to be **accessible** for people with disability.



Accessible means easy for everyone to

- go to



- use.

## 3 We will tell the community about our work



We will

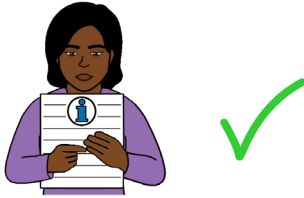
- check that we make things better



- tell the community what we have done.

## Our strategy has 5 areas

### 1 We want to have better health information



We want health information to be easy for everyone to understand.



For example, we will give information in Easy English.

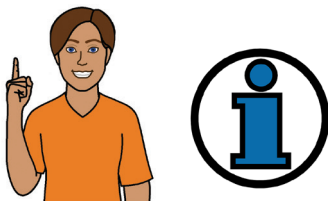


We want everyone to have good **health literacy**.



Health literacy is when you can

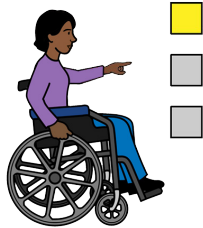
- get information about health
- understand information about health
- use information about health.





We want people with disability to have the information they need to

- understand what health care they can get



- make their own choices about what health care they want.



We want health information to be easy to understand for

- family members of people with disability

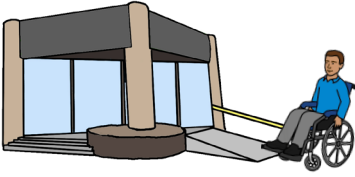


- carers and advocates



- community groups that care for people with disability.

## 2 We will make health care more accessible



We want our buildings to be accessible.



We will ask for ideas when we think about changes.

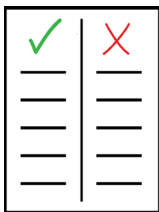


For example, we will ask people with disability when we plan new

- buildings

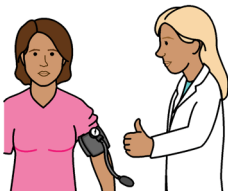


- services



- **policies.**

Policies are rules for what we want to happen.



We want to make sure everyone can get the health services that are right for them.

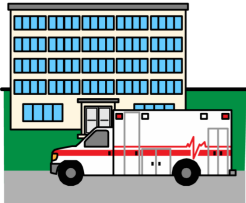


We want to make sure people with disability get **all** the services they need.



For example, if they need to

- see a special doctor



- go to hospital.

### 3 We want to make sure we can help people in an emergency



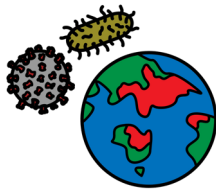
We want to make sure everyone can get health services when there is an **emergency**.

An emergency is when there is danger for a lot of people.

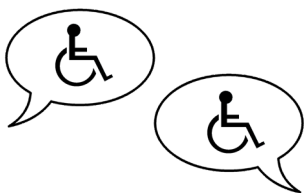


For example

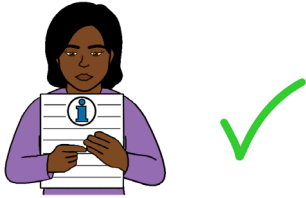
- a bushfire
- a disease like Covid.



We will ask for ideas from people with disability when we plan what to do in an emergency.



For example, we will ask how we can still give accessible health care in an emergency.



We want to make sure our health information is accessible for everyone in an emergency.

## EMERGENCY



We will give health information in different ways in an emergency.



For example

- television



- radio



- a website.

## 4 Health care staff will know how to work with people with disability



Health care staff could be

- doctors



- nurses



- people who work in our offices.



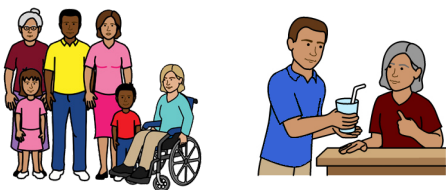
We will teach our staff how to work with people with disability.

We will get ideas for training health care staff about disability from

- people with disability



- family members of people with disability



- carers and advocates of people with disability.





We want health care staff to treat everyone with respect.



We want people with disability to get jobs in health care.



People with disability who work for us can help make sure health care is accessible for everyone.

## 5 We will do research about people with disability



We want to have good information about the health of people with disability.



We will use what we learn to make sure health care is

- accessible for everyone

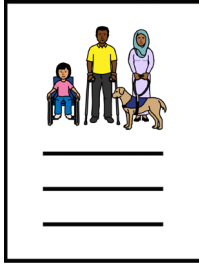


- the right care for people with disability.



We want people with disability to tell us how they feel about our services.

## We will do what we say in the strategy



We will have action plans to help us do what we say in the strategy.



We will make a new group to check that we do a good job with the strategy.



The new group will be called the Disability Health Reference Group.



The Disability Health Reference Group will include

- people with disability



- carers of people with disability.



## More information



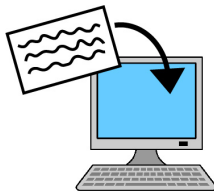
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For more information contact  
ACT Health.

Call            5124 9355



Website    [health.act.gov.au](http://health.act.gov.au)



Email

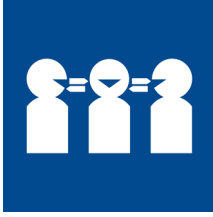
[acthdisabilityandcommunity@act.gov.au](mailto:acthdisabilityandcommunity@act.gov.au)



You can read the full strategy on  
our website.

Website

[ACT Disability Health Strategy | Health](http://health.act.gov.au/disability-health-strategy)



### **If you do not speak English**

Use the free Translating and Interpreting Service or TIS.



Call            131 450

Give the TIS officer the phone number you want to call.



### **If you need help to speak or listen**

Use the National Relay Service to make a phone call.

You must sign up to the service first.



Call            1800 555 660



Website      [accesshub.gov.au/nrs-helpdesk](http://accesshub.gov.au/nrs-helpdesk).





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