ACTIVITY PLAN 8 – SITTING AND REACHING FOR TOYS

Aim

To develop sitting balance

Age

8 months

Equipment

Floor space and a variety of toys

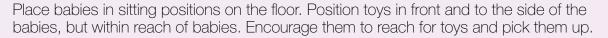
Area required

Indoor or outdoor space of a suitable size

Time

5-10 minutes

How?





Position a pillow/s behind babies (but not touching) for safety in case they topple
over. Use small, graspable toys so that babies can easily pick them up. A variety of
interesting toys will help maintain babies' interest.

