

# Principals' Wellbeing Fund action plan 2025-26

The Wellbeing Fund for ACT public school principals is an initiative of the ACT Principals Association and the ACT Government.

The fund supports principal health and wellbeing, with a focus on strengthening system responses and delivering targeted supports in its pilot first year.

The ACT Government values the leadership of our Principals and Deputy Principals and recognises their work is essential to the success of students and communities. This investment in their wellbeing will help school leaders manage the challenges of the role and support sustainable, fulfilling careers in public education.

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## Principal health and wellbeing funded activities 2025-26

Activity	Audience	Description	Timing
Reflective supervision training	Principals (8)	<p>Delivery of a targeted supervision program for principals and school leaders to include:</p> <ul style="list-style-type: none"> <li>• Core principles for reflective practice and how to put these into action</li> <li>• Core principles in professional supervision</li> <li>• Establishing and maintaining supervision relationships to support others while also developing own leadership.</li> </ul> <p>Embedding focused practices to support ongoing wellbeing and facilitating wellbeing conversations for educational leaders.</p>	November 2025
Asset-based leadership practices	Principals or deputies (50)	<p>Evaluating how leaders view what is already present in their school to achieve large goals.</p> <ol style="list-style-type: none"> <li>1. Prototyping and setting targets</li> <li>2. Maintaining self in the leadership process</li> </ol> <p>Addressing the challenges of managing up and down.</p>	Term 4 2025

Professional wellness program	Principals or deputies (5)	The program addresses key principles of managing wellness in the context of contemporary school leadership. The pilot will address: <ol style="list-style-type: none"> <li>1. Managing workload pressures and volume of work</li> <li>2. Dealing with the impacts of questioning professional practice.</li> </ol> Dealing with the demands of psycho-social and emotional supports for staff, students and families.	From Term 4 2025
Conflict transformation coaching	Principals or deputies (20-30)	Conflict transformation coaching (team or group coaching)	From Term 4 2025
App to manage workload and wellbeing	Deputies (trial of 8)	Technical solution to be determined – app would provide the user with wellbeing prompts through the course of the day, workload management and calendar support, research and advice on best practice.	From Term 4 2025