

## Healthy Canberra Grants: Focus on Supporting Children and Families | Summaries of approved applications

Organisation	Program Title + Program Summary	Total Amount Recommended
ACT Playgroups	<p><b>Reconnect Playgroups</b></p> <p>The program aims to provide targeted supported playgroups to assist parents with a child born during the COVID-19 Pandemic.</p>	<b>\$126,996</b>
Barnardos Australia	<p><b>Nourishing &amp; Flourishing</b></p> <p>This program is a (home based) early intervention and nutrition support program for children aged 0-2 years who present with the signs of developmental delays and/or neurodivergence or have a formal diagnosis but have not yet been able to access appropriate support.</p>	<b>\$208,164</b>
Capital Region Community Services	<p><b>Healthy Habits</b></p> <p>This program will deliver interactive groups sessions focused on a range of topics directly related to healthy childhood development during the first 1000 days of life.</p>	<b>\$50,328</b>
Nutrition Australia ACT	<p><b>Feeding Healthy Futures</b></p> <p>This program is a food and nutrition group education program that spans across three crucial stages in a child’s life – in utero, infancy, and toddlerhood.</p>	<b>\$148,775</b>
UnitingCare Kippax	<p><b>Road to Health</b></p> <p>This program will facilitate workshops to improve health literacy in expectant and new parents.</p>	<b>\$15,142</b>
University of Canberra	<p><b>Active Beginnings. Increasing physical activity levels in women of childbearing age in CALD communities: A co-designed program</b></p> <p>This co-design program aims to improve awareness of the benefits of physical activity in pregnancy and the childbearing years in women from CALD communities and community leaders.</p>	<b>\$149,418</b>
University of Newcastle	<p><b>Asthma in Pregnancy: Breathe Life for You and Your Baby</b></p> <p>This program aims to decrease rates of uncontrolled asthma in pregnant women in the ACT, leading to a decrease in associated poor health outcomes for mothers and their children, including childhood asthma.</p>	<b>\$264,160</b>
		<b>\$962,983</b>