

# NEED SUPPORT TO GET BACK ON THE ROAD?

## Pump up your tyres with Clinical Supervision – the ACT approach



Left to Right: Patrice Murray ACT Clinical Supervision Coordinator, Paul Spurr Clinical Supervision Consultancy (CSC) Principal Trainer and Founder, Chris Cairns CSC Associate Trainer

### What is Clinical Supervision?

Clinical Supervision is a formally structured professional arrangement between a supervisor and one or more supervisees.

It is a purposely constructed regular meeting that provides for critical reflection on the work issues brought to that space by the supervisee(s). It is a confidential relationship within the ethical and legal parameters of practice.

Clinical Supervision facilitates development of reflective practice and the professional skills of the supervisee(s) through increased awareness and understanding of the complex human and ethical issues within their workplace.

*(Position Statement Definition of Clinical Supervision ACM, ACMHN, ACN, 2019)*

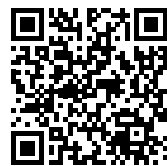
### For More Information

For more information contact [Clinical.Supervision@act.gov.au](mailto:Clinical.Supervision@act.gov.au).



Visit the [ACT Chief Nursing and Midwifery Office](#) for further information on ACT nursing and midwifery initiatives.

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Visit [Clinical Supervision Consultancy](#) for further information on Clinical Supervision in the Role Development Model.

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[Joint Position Statement – clinical-supervision-nurses-midwives-position-statement-background-paper.pdf](#) (acn.edu.au)

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[Australian Clinical Supervision Association](#) (clinicalsupervision.org.au)

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# The ACT's journey of Clinical Supervision

