NEED SUPPORT TO GET BACK ON THE ROAD?

Pump up your tyres with Clinical Supervision – the ACT approach



What is Clinical Supervision?

Clinical Supervision is a formally structured professional arrangement between a supervisor and one or more supervisees.

It is a purposely constructed regular meeting that provides for critical reflection on the work issues brought to that space by the supervisee(s). It is a confidential relationship within the ethical and legal parameters of practice.

Clinical Supervision facilitates development of reflective practice and the professional skills of the supervisee(s) through increased awareness and understanding of the complex human and ethical issues within their workplace.

(Position Statement Definition of Clinical Supervision ACM, ACMHN, ACN, 2019)

For More Information

For more information contact <u>Clinical.Supervision@act.gov.au</u>.



Visit the ACT Chief Nursing and Midwifery Office for further information on ACT nursing and midwifery initiatives.



Visit <u>Clinical Supervision</u>
<u>Consultancy</u> for further information on Clinical Supervision in the Role Development Model.



Joint Position Statement – clinical-supervision-nursesmidwives-position-statementbackground-paper.pdf (acn.edu.au)



Australian Clinical
Supervision Association
(clinicalsupervision.org.au)

The ACT's journey of Clinical Supervision

- In 2019, the joint Position Statement:
 Clinical Supervision for Nurses and
 Midwives was released by the Australian
 College of Nurses (ACN), Australian
 College of Midwives (ACM), Australian
 College of Mental Health Nurses
 (ACMHN) which recommended Clinical
 Supervision for all nurses and midwives
 irrespective of their specific role, area of
 practice and years of experience.
- In 2020, the ACT Chief Nursing and Midwifery Officer (CNMO) acted on the joint Position Statement, with the Vision Statement: All ACT Health nurses and midwives have access to effective clinical supervision as a core component of professional practice.
- From 2020 (June) 2021 (July) a
 Clinical Supervision Pilot Project was
 established which included training of
 CS supervisors, commencement of a
 CS Coordinator position, establishment
 of CS Strategic Planning and
 implementation Committee.
- From 2020 (June) 2021 (July) a CS Pilot Project was established to ascertain the strategies, processes and resources needed to systematically introduce CS into the practice of nurses and midwives across the ACT public health system.



ACT Health

- Highlights of the CS Pilot Project included training of CS supervisors, commencement of a CS Coordinator position, data collection and reporting, establishment of CS Strategic Planning and Implementation Committee (CS SPIC).
 - Importantly, collaboration with the ACT Chief Allied Health Office to include allied health professionals in interdisciplinary Clinical Supervision training and as members of the governance decision making committee, the CS SPIC.
- Actions to further support Clinical Supervision in the ACT
 - » Continue project work to support implementation, sustainability and evaluation of Clinical Supervision governed by the CS SPIC.
 - » Designated Clinical Supervision Coordinator position
 - Develop a Clinical Supervision
 Framework for ACT Nurses and
 Midwives to support a standardised
 approach to Clinical Supervision.
 - Further Clinical Supervision training groups, noting the ACT has trained
 122 nurses, midwives and allied health professionals (10 groups) as of 2022, to meet the ACT Vision Statement
 - » Develop online platforms that are public facing and internal facing for ACT staff highlighting relevant information on Clinical Supervision to raise awareness of ACT CS.
 - » Refining data collection and reporting
 - » Facilitate the inaugural ACT CS Symposium to be held in December 2022.
 - » Implementation planning and execution of an interdisciplinary approach within ACT public health service's to support sustainability.
 - » Alignment of CS to other workforce initiatives and exploration of options for research and other partnerships for funding opportunities.