

OUR CANBERRA

CENTRAL EDITION

JUNE 2016



NEW EMERGENCY BEDS FOR KIDS AT CANBERRA HOSPITAL



Canberra's youngest patients and their families now have a more comfortable and less stressful environment while waiting for treatment at Canberra Hospital's Emergency Department with the opening of the ACT's first dedicated Paediatric Streaming space.

The new space has six additional patient beds, two consultation rooms and a

private waiting area, which is separate to the emergency department's main and very busy waiting area. The facility is a part of the \$23 million Canberra Hospital Emergency Department expansion and is delivered with a \$5 million contribution from the Australian Government.



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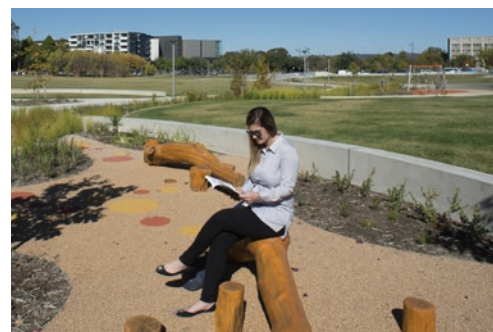
- > 100% renewable energy for Canberra by 2020
- > The road to Rio with local athletes
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COME OUT TO PLAY IN CAMPBELL'S NEW PARK

A new community park is open in the Campbell 5 complex. The park features a beautiful open space that includes grassed terraces, children's play spaces, irrigated turf areas that can be used for a range of informal sport and recreational activities and outdoor fitness equipment stations.

The park is located on the corner of Constitution Avenue and Anzac Parade and is open to all members of the public to come along and enjoy.



MESSAGE FROM THE CHIEF MINISTER, ANDREW BARR

It's always good to see Canberra leading the nation. Some recent examples have made me proud.

We're going to be using 100 percent renewable energy by 2020, five years ahead of schedule and light years ahead of the rest of Australia. This makes sense for the environment and it's a good economic move as we can lock in a great price for power. We've also brought forward our zero emissions target and plan for the ACT to be carbon neutral by 2050. Together, these give our children a cleaner planet and great new job opportunities.

I was also delighted to learn on Mother's Day that the ACT is the best place in Australia to be a mum, according to research by Save the Children. What a great area to lead the nation.



For more stories and information from across Canberra, visit act.gov.au/ourcanberra or follow us on social media.



CANBERRA'S FIRST SECURE MENTAL HEALTH UNIT REACHES HALF-WAY MARK

Construction of Canberra's first Secure Mental Health Unit has reached the half-way point.

The facility is set to be operational later this year. It has been purpose-built to provide a safe and structured in-patient environment for people with acute and severe mental illness and will offer unique care and

therapeutic treatment to protect them and the community.

The facility will provide 10 acute care beds and 15 rehabilitation beds, which will be opened in a staged process once the unit becomes operational.



MORE FUNDING FOR CANBERRA

The Australian Government has increased its support for stage one of Canberra's city wide light rail network in its recent federal budget, providing an extra \$7 million to the project. The increase in funding puts the total Australian Government contribution at \$67 million.

MAKE SURE YOU'RE ENROLLED TO VOTE FOR THE OCTOBER 2016 ACT LEGISLATIVE ASSEMBLY ELECTION

All ACT residents who are Australian citizens and 18 years or over are reminded to enrol or update their details. If your name is not on the roll you will miss out on your opportunity to vote.

 To update your enrolment visit elections.act.gov.au



HONOUR WALK RECIPIENTS FOR 2016

Six new worthy recipients have been recognised for their contributions to the ACT and inducted onto the ACT Honour Walk.

Recipients recognised in 2016 are St John's Anglican Church Canberra, the Jennings Germans, the Taverner family, The Honourable Jeffrey Miles AO, Geoff Pryor and William (Bill) Hoffmann OAM.

What is the ACT Honour Walk?

It was commissioned in 2005 and provides enduring recognition of individuals or groups that have made sustained contributions to the ACT. The walk can be found at Ainslie Place, near the Canberra Times Fountain in Civic.

How to nominate

Any person or group who has played a leading role in shaping the city of Canberra is eligible. Nominations are open year round at cmd.act.gov.au/communication/act-honour-walk

 For more information on all six inductees visit act.gov.au/ourcanberra



The Taverner family (pictured), Canberrans since 1928, managed Manuka Pool from 1955 until 2012. The family strived to conserve the heritage aspects of the buildings and surrounding grounds, ensuring they stayed as close to the original condition as possible.

ON THE ROAD TO RIO WITH CANBERRA'S ATHLETES

The road to the 2016 Olympic and Paralympic Games in Rio has been made a little easier for 30 local athletes who've received financial support to help with costs of training, competition and equipment as they strive to represent Australia.

Katie Kelly is training to compete in the paratriathlon in Rio and says the funding assistance has taken off a huge financial pressure in the lead up to the Games. "The assistance covers cost such as training equipment everything from bikes, repairs, training clothes, additional physio and rehab work, as well as cost for my guide to attend training camps and competitions," she says.

 Follow the journey of our athletes at sport.act.gov.au/act-academy-of-sport or on Twitter via [@theACTAS](https://twitter.com/theACTAS)



MEN'S HEALTH WEEK: GET BACK ON TRACK

This year's Men's Health Week is all about 'Health Elements', reminding us that getting plenty of exercise, sleep and eating nutritious food is important to overall health and wellbeing.

If getting back on track seems easier said than done, take a look at some of these online resources for help.

- > For meal planning, recipes and tips about how to get active every day visit livelighter.com.au
- > To search for outdoor exercise parks or equipment near your home visit tams.act.gov.au/outdoorfitness.
- > For mental health support in central Canberra, visit menslink.org.au or the New Access program through the Capital Health Network. People in the ACT can call 6287 8066 and speak to the central intake team to make an appointment with an Access Coach.


 For more information on Men's Health Week 13-19 June 2016, visit menshealthweek.org.au

EXPLORING CANBERRA'S PUBLIC SCHOOLS

Canberra public schools are delivering special programs and engaging with students and families in creative ways in central Canberra.

At Chapman Primary School students from K-6 are excited about reading. With the thrill of Mystery Readers, and years five and six enjoying book club, the school has received special recognition for their reading and literacy gains.

Narrabundah College recognised the need to provide more support to students and introduced the Study Hub. Specialist teachers and tutors volunteer their time to provide one on one sessions on things like study skills, exam preparation and essay writing.

 Enrolments are now open for 2017. Visit edu.act.gov.au



MORE BLOCKBUSTER CRICKET FOR CANBERRA

Canberra will host its first ever test match in the summer of 2018-19, ensuring Canberrans enjoy even more blockbuster cricket at Manuka Oval.

Australia will take on Sri Lanka in the Test, which will replace the Men's One Day International (ODI) match scheduled for 2018-19. New Zealand will also be playing a One Day International match at Manuka Oval for the first time during the 2016-17 Chappell-Hadlee series.

Ticketing information for the ODI series will become available later in 2016.





CHOOSE YOUR OWN ADVENTURE IN CANBERRA



Download Visit Canberra's new smartphone app and create your very own video trip itinerary for yourself or friends and family visiting Canberra.

Users can share their videos on social media to show off our 'coolest little capital'. Information about the experiences featured in the video is also available through the app.



For more information visit visitcanberra.com.au

100% RENEWABLE ENERGY FOR CANBERRA BY 2020

A 10 percent increase in the ACT's renewable energy target will see 100 percent of all energy delivered come from renewable sources by the year 2020.

For Canberrans this will mean clean power from wind and solar sources as well as the creation of jobs and economic benefits stemming from \$400 million in local investment.



For more information visit environment.act.gov.au



A NEW HOME FOR VISITORS CENTRE IN CENTRAL CANBERRA

The Canberra Region Visitors Centre will move to its new location in the National Capital Exhibition building at Regatta Point in July.

Co-locating a visitor information centre with the attraction will provide a new experience for visitors learning about Canberra's history and purpose as the nation's capital.

Locals can also drop into the centre to find out what's on in Canberra. The new site will also contain innovative digital solutions but will still retain important face-to-face interaction with staff and volunteers.

Canberrans can expect to see new directional signage installed on arterial roads into the city directing people to the centre.



For more tourist information about Canberra visit visitcanberra.com.au



NEW HEALTH SERVICES GUIDE FOR MIGRANTS AND REFUGEES

Were you born overseas? Did you know ACT Health is making it easier for you to access health services in your area?

ACT Health's 'Using Health Services in the ACT' booklet is full of helpful tips and information on what services are available locally. Tours of local health facilities guided by our staff are also available.

The Gungahlin Culturally and Linguistically Diverse Access Project has been set up to help migrants and refugees new to the Gungahlin region to access ACT Health services.



For a copy of the booklet or for more information, visit health.act.gov.au/multicultural or contact the Multicultural Health Unit on (02) 6205 1011.



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