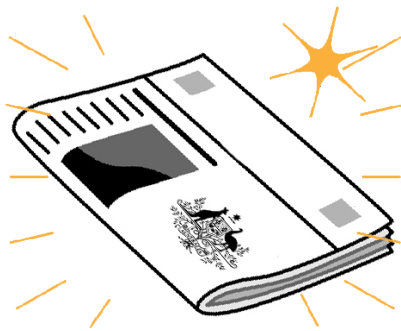




ACT
Government



Our Canberra **May 2023**

ACT Government



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

- know what this book is about

- find more information.

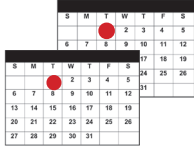


We will write contact information at the end of this book.

About this book

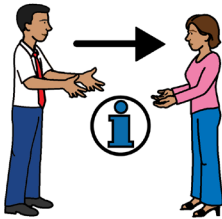


This book is from the ACT Government.



We write a **newsletter** every month.

A newsletter gives you a lot of different information.



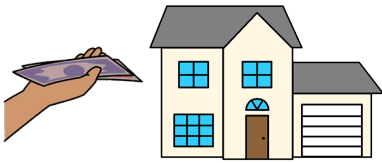
This newsletter will tell you

- how we can help you
- how you can tell us what you think.



This newsletter is about the ACT in May 2023.

There are new rules to help people who are renting

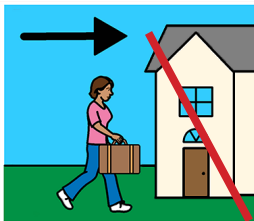


Renting is when

- you pay money or rent to live in a home
- someone else owns your home.



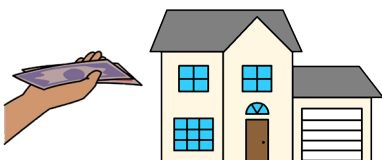
The new rules say you **cannot** be **evicted** for no reason.



Evicted means when you are told you **cannot** live at your home anymore.

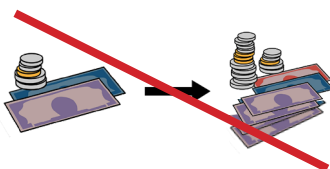


The new rules also say you can grow food in your garden.



When you want to start renting a home

- you have to pay what the owner says
- you do **not** have to say you will pay more.





You can get your flu vaccine

A **vaccine** is medicine to

- stop you from getting sick
- help you stay well.



You can ask your doctor for your flu vaccine.



You can also ask the chemist.



The flu vaccine is free for

- Aboriginal and Torres Strait Islander peoples



- young children



- older people



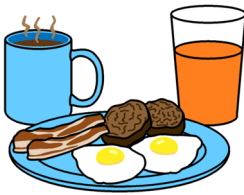
- people who are pregnant.



We want to help children eat well at school

1	_____
2	_____
3	_____
4	_____
5	_____

We will try a new program at 5 schools.



At these schools children can get free

- breakfast

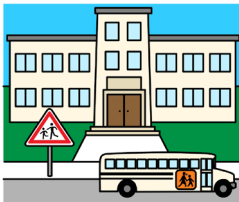
and



- lunch.



We will start the program later this year.



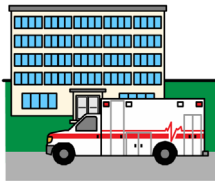
If your school has the program they will tell you more.



We have a new Early Pregnancy Service



The Early Pregnancy Service can help with problems in the first few months of your pregnancy.



You can get help at the Centenary Hospital for Women and Children.

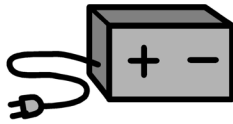


We also have other new health services to look after

- babies

- women.

We will start the Big Canberra Battery project this year



A **battery** keeps energy for when we need it.

The big battery will be in Williamsdale.



We could use the big battery if the power goes out in Canberra.

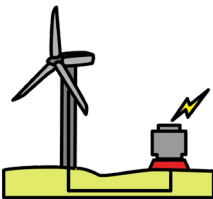


The big battery will use **renewable energy**.

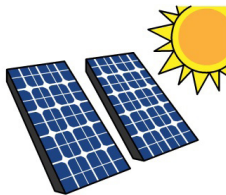


Renewable energy comes from

- water



- wind



- the sun.



Renewable energy can be used for

- electricity



- hot water



- heating



- cooling.

You can go to our event for Reconciliation Day



Reconciliation means to bring people together to

- learn from Aboriginal and Torres Strait Islander peoples



- share culture



- celebrate.

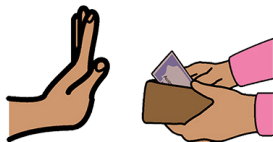


Our Reconciliation Day event is

- on Monday 29 May from 10 am to 3 pm



- at the Arboretum.



Our Reconciliation Day event is free.

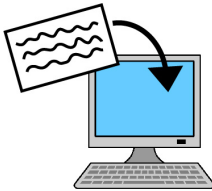


More information

For more information contact the
ACT Government.



Call 13 22 81



Email ourcanberra@act.gov.au

We have different websites for different information



You can ask someone to help you read
the websites.



Our Canberra newsletter



Website act.gov.au/our-canberra



Rules for renting



Website

act.gov.au/our-canberra/renters-rights



Flu vaccine



Website health.act.gov.au/flu



Eat well at school



Website

act.gov.au/our-canberra/school-meals

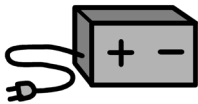


Early Pregnancy Service



Website

act.gov.au/our-canberra/early-pregnancy



Big Canberra Battery project



Website [climatechoices.act.gov.au/
policy-programs/big-canberra-battery](http://climatechoices.act.gov.au/policy-programs/big-canberra-battery)

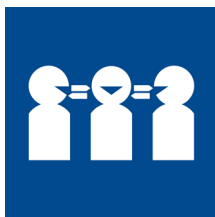


Reconciliation Day



Website [events.canberra.com.au/
reconciliation-day](http://events.canberra.com.au/reconciliation-day)

If you do not speak English



Use the free Translating and Interpreting Service or TIS.



Call 131 450

Give the TIS officer the phone number you want to call.

If you need help to speak or listen



The National Relay Service can help you make a phone call.



Call 1800 555 660



Website bit.ly/nrs-helpdesk

Give the relay officer the phone number you want to call.

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